

## Introduction

He who does not, in this world, help to turn the wheel thus set in motion, is evil in his nature, sensual in his delight, and he, O'Partha (Arjuna), lives in vain.

Bhagavad Gita 3: 16

Man should discover his own reality and not thwart himself.

For he has his self as his only friend, or as his only enemy.

Bhagavad Gita 6: 5

A person has the self as friend when he has conquered himself,

But if he rejects his own reality, the self will war against him.

Bhagavad Gita 6: 6

Therefore, let the scripture be your authority in determining what ought to be done and what ought not to be done.

Knowing this, you should do here only such action as is sanctioned by scriptural ordinance.

Bhagavad-Gita 16: 24

Every action, every activity, is surrounded by defects as a fire is surrounded by smoke.

Bhagavad Gita 18: 48

Because thou art greatly loved by Me, therefore I shall tell thee what is good for thee.

Bhagavad Gita 18: 64

What is needful? Righteousness, and sacred learning and teaching. Truth, and sacred learning and teaching. Meditation, and sacred learning and teaching. Self-control, and sacred learning and teaching. Peace, and sacred learning and teaching. Ritual, and sacred learning and teaching. Humanity, and sacred learning and teaching.

Taittiriya Upanishad 1: 5-6

Beholding the worlds of creation, let the lover of God attain renunciation; what is above creation cannot be attained by action.

In his loving for divine wisdom, let him go with reverence to a Teacher, in whom live the sacred words and whose soul has peace in Brahman.

To a pupil who comes with mind and senses in peace the Teacher gives the vision of Brahman, of the Spirit of truth and eternity.

Mundaka Upanishad 2.12: 13

In the golden city of the heart dwells The Lord of Love, without parts, without stain.

Know Him as the radiant light of lights.

There shines not the sun, neither moon nor star,

Nor flash of lightening, nor fire lit on earth.

The Lord is the light reflected by all.

He shining, everything shines after Him.

Mundaka Upanishad 2.2: 10-11

The body is cleansed by water, the internal organ is purified by truthfulness, the individual soul by sacred learning and austerities, the intellect by true knowledge.

Laws of Manu 5: 109

Single is each being born; single it dies; single it enjoys the reward of its virtue; single it suffers the punishment of its sin.

Laws of Manu 4: 240

He who does not fulfil his duty is not respected by honest men. It is how he acts that reveals the nobility or baseness of a man and distinguishes the honest or the dishonest person; otherwise the ignoble would resemble the noble, and he who is devoid of honor would resemble a man of integrity; he who is unworthy would be deemed worthy and he who is depraved would be considered to be a man of virtue.

If, under the pretext of duty, I adopt this unrighteous course, calculated to produce the confusion of social roles [castes], and do acts not recognized by the scriptures, I should, renouncing good, have to reap evil only!

What sensible man, able to discern what is just and unjust, would respect me in this world, if I behaved viciously and dishonorably?

Duty, the essence of which is truth, is said to be the root of all in this world; it is truth that is the support of duty; everything has truth as its basis; there is nothing greater than the truth.

Offerings, sacrifices, libations, mortifications, asceticism, and the Vedas all have truth as their foundation; therefore truth is before all. Alone it supports the world, alone it supports the family; its non-observance sends one to hell; it alone is exalted in heaven.

Why should I not fulfil the command of my father, who was a devotee of truth?

Neither ambition, forgetfulness, nor pride would cause me to destroy the bridge of morality!

Ramayana, Ayodhya Kanda 109

“In our system it is accepted that a man cannot have all he desires. Life is subjected to many restraints. This is ugly, yet it brings out points of light and strength.”

Swami Vivekananda, Sayings and Utterances

“It is selfishness that we must seek to eliminate. I find that whenever I have made a mistake in my life, it has always been because self entered into the calculation.

Where self has not been involved, my judgment has gone straight to the mark.”

Swami Vivekananda, Sayings and Utterances

I searched for the crooked, met not a single one

When searched myself, “I” found the crooked one

Kabir, Doha 2

Don't open your diamonds in a vegetable market. Tie them in bundle and keep them in your heart, and go your own way.

Kabir, Bijak

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